

## Jarmel Kizel Completes The Design of Three New Fitness & Wellness Centers

**LIVINGSTON, N.J. - June 1, 2014** - Jarmel Kizel Architects & Engineers, Inc., working with Fitness & Wellness Professional Services designed facilities for Hackensack UMC and the Giants, Robert Wood Johnson University Hospital, and University Medical Center of Princeton at Plainsboro. These facilities provide a broad range of services not found within other fitness centers.

### HackensackUMC Fitness & Wellness Powered by the Giants



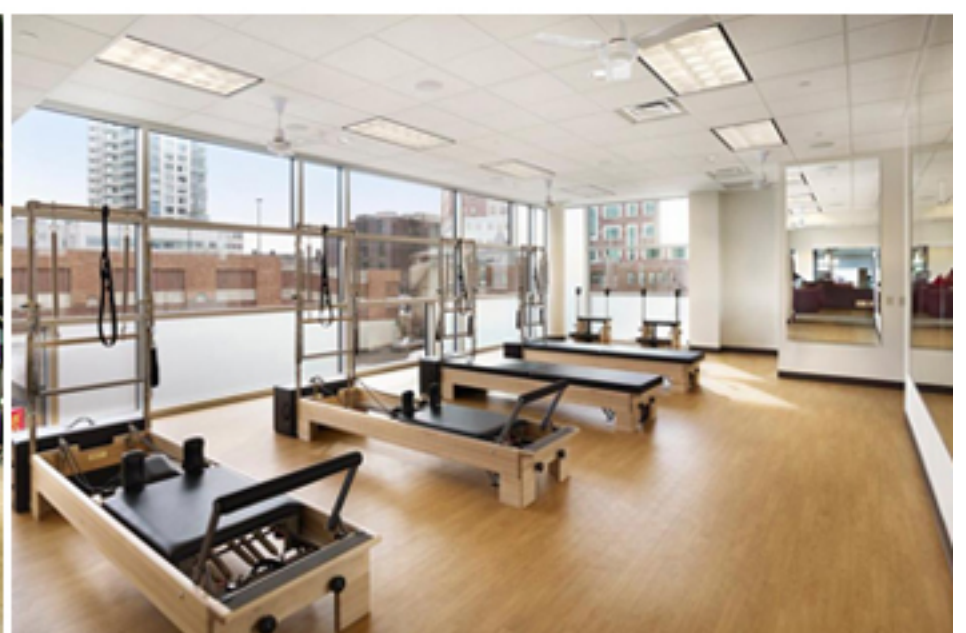
HackensackUMC Fitness & Wellness Powered by the Giants is a 115,000 square foot facility in Maywood, NJ. This facility includes 35,000 square feet of medical office and licensed healthcare functions.

### RWJ Fitness & Wellness



RWJ Fitness & Wellness Center is a 62,000 square foot facility in New Brunswick, NJ. It is located within a newly constructed mixed use building which contains a grocery store and structured parking.

### Princeton Fitness & Wellness



Princeton Fitness & Wellness at Plainsboro is a 55,000 square foot facility located in Plainsboro, NJ. Jarmel Kizel designed it within an existing building which is part of the newly constructed property at University Medical Center.

Jarmel Kizel provided a single point of accountability for all of the Architectural and Engineering design services required. Each facility incorporates a state-of-the-art fitness center as well as medical services. Functions include medical offices, cooking classes, cardio, sports performance training, strength training, spa, group exercise, aquatic centers, complimentary child care and full amenity locker rooms. The Hackensack UMC location also includes a Sal's Good Eats restaurant.

"The Health and Wellness market is booming. Fitness & Wellness Professional Services partnering with local hospitals helps attract clients and gives reputability to the new Fitness & Wellness brand. These facilities incorporate an array of complex architectural and engineering services that our firm provides with our in-house staff," stated Matthew B. Jarmel, AIA, MBA, principal of Jarmel Kizel.

#### About Jarmel Kizel Architects and Engineers, Inc.

Headquartered in Livingston, N.J., Jarmel Kizel Architects and Engineers, Inc. is a full-service integrated architecture, engineering, interior design and energy consulting firm serving a distinguished client base of commercial and residential real estate companies, and a myriad of corporations throughout the Northeast. The company employs registered architects, interior designers, professional engineers, LEED-AP professionals and technical support personnel that provide clients with a single source of accountability for all of their facility needs from architectural design, interior design, structural, MEP and civil engineering, to energy solutions and product procurement management services. For more information, contact the company's Livingston headquarters at 973.994.9669 or visit [www.jarmelkizel.com](http://www.jarmelkizel.com).